Lyfe Plastics & Dermatology
LEKKI, LAGOS

PLASTIC SURGERY AND DERMATOLOGY · LAGOS

Tummy tuck, breast and face surgery in Lagos with Dr Kpaduwa

Lyfe Plastics & Dermatology is led by **Dr Chinwe Kpaduwa, MD FACS**, board certified by the American Board of Plastic Surgery. Body, breast, face, keloids and hair, with thirty minutes of her time for ₦150,000.

Dr Kpaduwa is in Lagos four times a year for surgery, with consultations by video in between.

₦150,000
Consultation with Dr Kpaduwa, 30 minutes by video, put towards your surgery

from ₦950,000
Published all-in prices, from earlobe repair to mommy makeover


In person at MedLYFE, Lekki Phase 1, Lagos

Procedures

Which of these suits you, and whether any of it should be done at all, is decided in a consultation by the clinician who sees you.

Face

What changes in the face, and which of it is worth operating on.

Facelift and neck lift
Eyelid surgery (blepharoplasty)
Rhinoplasty
Chin and jawline surgery
Otoplasty and earlobe repair

Breast

Reduction, lift, augmentation and implant revision, assessed honestly.

Breast augmentation
Breast reduction
Breast lift (mastopexy)
Gynecomastia surgery

Body

The commonest reason women come, and the one most often done badly.

Liposuction
Tummy tuck (abdominoplasty)
Mommy makeover
Arm lift and thigh lift

Skin and aesthetics

Fillers, peels and skin treatments chosen for Nigerian skin. Every price published.

Dermal fillers and skin treatments
Chemical peels
Skin rejuvenation
Hair transplant and restoration

Reconstruction

Rebuilding after cancer or injury, scars, and putting right an earlier operation.

Breast reconstruction
Revision plastic surgery
Keloid removal and scar revision

Dr Chinwe Kpaduwa, MD FACS

Board certified by the American Board of Plastic Surgery

Fellow of the American College of Surgeons

Harvard educated, California trained

Craniofacial fellowship, Nationwide Children's Hospital

The Aesthetic Society, and the American Society of Plastic Surgeons

Knowing when not to operate

Her published position, made over two years of writing, is that the best work is the work nobody can point at, and that knowing when not to operate matters more than the menu.

Skin rather than surgery?

Dermatology sits alongside the surgical side, and a good deal of what changes how people look needs no operation at all. If that is the honest answer for you, it is the one you will be given.

Published prices

All-in "from" prices: the surgeon, the anaesthetist and the theatre, with garments, dressings, medication and your review appointments priced in. Your final figure is a written quote after consultation.

PROCEDURE	NOTES	FROM
Consultation with Dr Kpaduwa	30 minutes by video. Put towards the total if you go ahead	**₦150,000**
Torn earlobe repair	Ear pinning is quoted after consultation	**₦950,000**
Liposuction, one area	Each further area costs less	**₦4,000,000**
Chin and neck liposuction or buccal fat reduction	A chin implant is quoted after consultation	**₦4,500,000**
Upper eyelids	Upper and lower together quoted after consultation	**₦4,750,000**
Male breast reduction	Gynecomastia surgery	**₦7,000,000**
Mini tummy tuck	A full tummy tuck is quoted after consultation	**₦8,250,000**
Breast enlargement	Implants included	**₦9,250,000**
Inner thigh lift	Arm lifts are quoted after consultation	**₦10,000,000**
Neck lift	Mini and deep plane facelifts quoted after consultation	**₦10,250,000**
Breast reduction		**₦11,250,000**
Breast lift	With implants, quoted after consultation	**₦11,250,000**
Rhinoplasty	Septorhinoplasty and revision quoted after consultation	**₦11,500,000**
Mommy makeover		**₦18,000,000**

Keloid treatment, hair transplant, breast reconstruction and revision surgery are quoted in writing after consultation.

Skin and aesthetic treatments

Aesthetic consultation Redeemable against treatment	**₦100,000**
Chemical peel	**₦200,000**
Skin boosters and mesotherapy	**₦350,000**
PRP, skin or hair, per session	**₦500,000**
Bio-remodelling, per session	**₦550,000**
Medical facial	**₦550,000**
Dermal filler, per syringe	**₦600,000**
Microneedling and RF microneedling	**₦750,000**

Worth knowing before you choose anyone

A credential you can check

Board certification by the American Board of Plastic Surgery is verifiable publicly, and you are encouraged to verify it.

Your complication happens at home

What travels badly is week three. Here you are in front of a surgeon who has your notes.

It goes towards the surgery

₦150,000 for half an hour with the surgeon herself, put towards the total if you go on to have an operation. If you do not, it has bought you a straight answer.

Her diary is eight half hours a week

Tuesdays and Wednesdays, 11am to 1pm, by video. Costings come from the team afterwards, in writing.

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Thirty minutes with the surgeon herself.

Book at **mezohealth.com/practices/lyfe-plastics**
or call **+234 913 813 8553**

Lyfe Plastics & Dermatology is a practice on the Mezo network.

Prices as published, November 2026.